

IMPORTANT INFORMATION

- **These lesson plans contain all printed lesson materials:** Printed materials referenced in the lesson plans come from four different Fireside Music & Motion publications (*Fun Figures Coloring Sheets*, *Color and Clap (or Stomp) Music Worksheets*, and *Plinket Music Book One* and *Plinket Music Book Two*). It is helpful to have copies of each because they include additional useful tools such as multiple sheets per page, colored answer pages, etc. However, all the printed materials needed for the video lessons are included in these Lesson Plans.
- **Videos clearly explain necessary materials:** These plans list needed materials, but the videos also clearly explain what is needed.
- **Lessons can be tailored to individual needs:** Lessons can be repeated as often as necessary until students have grasped the concepts.
- **Lessons work with classrooms or individuals:** Lessons can be taught in a classroom or one-on-one setting.
- **Activities can be conducted without the video:** If the stomping or plinket speeds in the videos are too fast or slow, the activities can be performed without the video at whatever speed is comfortable.
- **Recommended Ages:** As shown on the lesson plans, some portions can be used with students as young as 3 ½ while others are more appropriate for older students. In general, the stomping and plinket exercises are better suited to students 4 ½ or older.
- **Plinket Substitutes:** The plinket is a simple, inexpensive instrument students can easily make themselves. However, students can also play the plinket music on a keyboard (including a roll-up keyboard) or xylophone. Students can place appropriately colored stickers on the keys to match the plinket keyboard. Avoid colored instruments because the key colors will not correspond to the colors taught in these lessons.

Lesson Group 1: Learning Low C and D

Lesson	Activities	Materials
Coloring, Singing, and tabletop/ floor Mat Activities – Children 3 ½ and older		
Lesson 1	<ol style="list-style-type: none"> <u>Story</u>: <i>The Carrot, the Dog, the Egg and the Frog (and the Bunny)</i> <u>Singing</u>: <i>The Carrot Song</i> 	<ul style="list-style-type: none"> Clef Mat (tabletop or floor mat with Carrot Chips)
Lesson 2	<ol style="list-style-type: none"> <u>Coloring</u>: Coloring C&D <u>Flashcards</u>: Beginner Matching 	<ul style="list-style-type: none"> PRINT Fun Figures Coloring Sheets pp. 4-5 (optional pp. 2-3) Orange and Brown Crayons Clef Mat (tabletop or floor mat)
<p>Children under 4 ½ may go on from here to EFG Lessons, as the stomping and plinket lessons below are better suited to older students.</p> <p>Add Stomping – Children 4 ½ and older</p>		
Lesson 3	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap C&D Worksheet 1 <u>Stomping</u>: C&D Worksheet 1 slower <u>Singing</u>: <i>The Carrot Song</i> 	<ul style="list-style-type: none"> PRINT Color and Clap Music Worksheets C&D Worksheet 1 Orange and Brown Crayons Popsicle Stick
Lesson 4	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap C&D Worksheet 2 <u>Stomping</u>: C&D Worksheets 1 and 2 slower 	<ul style="list-style-type: none"> PRINT Color and Clap Music Worksheets, C&D Worksheet 2 Orange and Brown Crayons C&D Worksheet 1 (previously colored) Orange Popsicle Stick (from prior lesson)
Add Plinket – Children 4 ½ (if able) and older		
Lesson 5	<ol style="list-style-type: none"> <u>Stomping</u>: C&D Worksheets 1 and 2 faster <u>Plinket</u>: Making and Playing the Plinket <u>Coloring</u>: Coloring the Plinket Keyboard <p style="color: red; font-weight: bold; text-align: center;">*When you print out the plinket keyboard page, you MUST set printer settings to “Print at actual size”</p>	<ul style="list-style-type: none"> C&D Worksheets 1 and 2 (previously colored) PRINT Plinket Keyboard (p. 13 from Plinket Music Book 1*) Orange Popsicle Stick (from prior lesson) Plinket Materials – take-out food container, elastic band, plinket keyboard (optional - 3-4 rocks or paint stirrer) Orange, brown, yellow, light green, dark green, blue and pink crayons
Lesson 6	<ol style="list-style-type: none"> <u>Stomping</u>: C&D Worksheets 1 and 2 faster <u>Coloring</u>: Plinket C&D Music 1 and 2 <u>Plinket</u>: Plinket C&D Music 1 and 2 slower, faster and ultimate challenge <p>Important Note! As long as students understand how to play the plinket music and can play it at the slow speed, they can advance to the next note group even if they can’t play the fast and ultimate challenge speeds. As they are learning new note groups, they can go back to prior note group lessons and practice the faster speeds as a challenge, but it is not critical to master them.</p>	<ul style="list-style-type: none"> PRINT Plinket Music Book 1 Plinket C&D Music 1 and 2 C&D Worksheets 1 and 2 (previously colored) Orange Popsicle Stick (from prior lesson) Plinket

Lesson Group 2: Learning Low E, F and G

Lesson	Activities	Materials
Coloring, Singing, and tabletop/ floor Mat Activities – Children 3 ½ and older		
Lesson 1	<ol style="list-style-type: none"> <u>Coloring</u>: Coloring EF&G <u>Flashcards</u>: Beginning Matching 	<ul style="list-style-type: none"> • PRINT Fun Figures Coloring Sheets pp. 9-10 (optional pp. 6-8) • Yellow, Light Green and Dark Green Crayons • Clef Mat (tabletop or floor mat)
Lesson 2	<ol style="list-style-type: none"> <u>Flashcards</u>: Level 1 <u>Coloring</u>: Color two popsicle sticks <u>Singing</u>: <i>Dog and Frog Bippity Bop</i> 	<ul style="list-style-type: none"> • Clef Mat (tabletop or floor mat) • Two popsicle sticks • Yellow and Dark Green crayons
<p>Children under 4 ½ may go on from here to ABC Lessons, as the stomping and plinket lessons below are better suited to older students. Skip the GAB lessons as those begin at stomping).</p>		
Add Stomping – Children 4 ½ and older		
Lesson 3	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap EF&G Worksheet 1 <u>Stomping</u>: EF&G Worksheet 1 slower <u>Singing</u>: <i>Dog and Frog Bippity Bop</i> 	<ul style="list-style-type: none"> • PRINT Color and Clap Music Worksheets, EF&G Worksheet 1 • Yellow, Light Green and Dark Green Crayons • Yellow and Dark Green Popsicle Sticks (from prior lesson)
Lesson 4	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap EF&G Worksheet 2 <u>Stomping</u>: EF&G Worksheets 1 and 2 slower <u>Flashcards</u>: Level 1 	<ul style="list-style-type: none"> • PRINT Color and Clap Music Worksheets, EF&G Worksheet 2 • Yellow, Light Green and Dark Green Crayons • Yellow and Dark Green Popsicle Sticks (from prior lesson) • EF&G Worksheet 1 (previously colored) • Clef Mat (tabletop or floor mat)
Add Plinket – Children 4 ½ (if able) and older		
Lesson 5	<ol style="list-style-type: none"> <u>Coloring</u>: Plinket EF&G Music 1 and 2 <u>Stomping</u>: EF&G Worksheets 1 and 2 faster <u>Plinket</u>: Plinket EF&G Music 1 and 2 slower, faster and ultimate challenge 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 1 Plinket EF&G Music 1 and 2 • Yellow, Light Green and Dark Green Crayons • EF&G Worksheets 1 & 2 (previously colored) • Yellow and Dark Green Popsicle Sticks (from prior lesson) • Plinket
Lesson 6	<ol style="list-style-type: none"> <u>Coloring</u>: Plinket Music Book 2 p. 1 <u>Plinket</u>: Mouse and Bear 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 2 p. 1 • Orange, Brown and Yellow Crayons • Plinket

Lesson Group 3: Learning G, A and B

Lesson	Activities	Materials
Coloring, Singing, and tabletop/ floor Mat Activities – Children 3 ½ and older		
Notes G, A and B are introduced in other lessons (G with the EFG lessons and A and B with the ABC lessons). The GAB lessons are included to provide more music playing practice and therefore, they begin at stomping.		
Children under 4 ½ should only do the Flashcard Portion of Lesson 1		
Add Stomping – Children 4 ½ and older		
Lesson 1	<ol style="list-style-type: none"> 1. <u>Flashcards</u>: Level 2 (This is the only portion of the GA&B lessons recommended for children under 4 ½) 2. <u>Coloring</u>: Color and Clap GA&B Worksheets 1 & 2 and 1 popsicle stick 3. <u>Stomping</u>: GA&B Worksheets 1 and 2 slower 	<ul style="list-style-type: none"> • Clef Mat (tabletop or floor mat) • PRINT Color and Clap Music Worksheets, GA&B Worksheets 1 and 2 • Dark Green, Blue, and Pink Crayons • 1 popsicle stick • Dark Green Popsicle Stick (from EF&G lessons)
Add Plinket – Children 4 ½ (if able) and older		
Lesson 2	<ol style="list-style-type: none"> 1. <u>Coloring</u>: Plinkst GA&B Music 1 and 2 2. <u>Stomping</u>: GA&B Worksheets 1 and 2 faster 3. <u>Plinket</u>: Plinket GA&B Music 1 and 2 slower 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 1 Plinket GA&B Music 1 and 2 • Dark Green, Blue and Pink Crayons • GA&B Worksheets 1 and 2 (previously colored) • Dark Green and Pink popsicle sticks (from prior lesson) • Plinket
Lesson 3	<ol style="list-style-type: none"> 1. <u>Stomping</u>: GA&B Worksheets 1 and 2 faster 2. <u>Plinket</u>: Plinket GA&B Music 1 and 2 slower, faster, and ultimate challenge 3. <u>Flashcards</u>: Level 2 	<ul style="list-style-type: none"> • GA&B Worksheets 1 and 2 (previously colored) • Dark Green and Pink Popsicle Sticks (from prior lesson) • Plinket GA&B Music 1 and 2 (previously colored) • Plinket • Clef Mat (tabletop or floor mat)
Lesson 4	<ol style="list-style-type: none"> 1. <u>Coloring</u>: Plinket Music Book 2 p. 1 2. <u>Plinket</u>: Mary Had a Little Lamb 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 2 p. 2 • Orange, Brown, Yellow and Dark Green Crayons • Plinket

Lesson Group 4: Learning A, B and High C

Lesson	Activities	Materials
Coloring, Singing, and tabletop/ floor Mat Activities – Children 3 ½ and older		
Lesson 1	<ol style="list-style-type: none"> <u>Coloring</u>: Coloring AB&C <u>Flashcards</u>: Level 3 <u>Singing</u>: <i>Bouncing Bunny Cha Cha</i> 	<ul style="list-style-type: none"> • PRINT Fun Figures Coloring Sheets pp. 14-15 (optional pp. 11-13) • Blue, Pink and Orange Crayons • Clef Mat (tabletop or floor mat) • Pink Popsicle Stick (from GA&B lessons)
<p>Children under 4 ½ may go on from here to ABC Lessons, as the stomping and plinket lessons below are better suited to older students. Skip the GAB lessons as those begin at stomping).</p>		
Add Stomping – Children 4 ½ and older		
Lesson 2	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap AB&C Worksheet 1 <u>Stomping</u>: AB&C Worksheet 1 slower <u>Singing</u>: <i>Bouncing Bunny Cha Cha</i> 	<ul style="list-style-type: none"> • PRINT Color and Clap Music Worksheets, AB&C Worksheet 1 • Blue, Pink and Orange Crayons • Pink Popsicle Sticks (from prior lesson)
Lesson 3	<ol style="list-style-type: none"> <u>Coloring</u>: Color and Clap AB&C Worksheet 2 <u>Stomping</u>: AB&C Worksheets 1 and 2 slower <u>Flashcards</u>: Level 3 	<ul style="list-style-type: none"> • PRINT Color and Clap Music Worksheets, AB&C Worksheet 2 • Blue, Pink and Orange Crayons • Pink Popsicle Stick (from prior lesson) • AB&C Worksheet 1 (previously colored) • Clef Mat (tabletop or floor mat)
Add Plinket – Children 4 ½ (if able) and older		
Lesson 4	<ol style="list-style-type: none"> <u>Coloring</u>: Plinket AB&C Music 1 and 2 <u>Stomping</u>: AB&C Worksheets 1 and 2 faster Plinket: Plinket AB&C Music 1 and 2 slower 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 1 Plinket AB&C Music 1 and 2 • Blue, Pink and Orange Crayons • AB&C Worksheets 1 & 2 (previously colored) • Pink Popsicle Stick (from prior lesson) • Plinket
Lesson 5	<ol style="list-style-type: none"> <u>Flashcards</u>: Level 3 <u>Stomping</u>: AB&C Worksheets 1 and 2 faster Plinket: Plinket AB&C Music 1 and 2, slower, faster and ultimate challenge 	<ul style="list-style-type: none"> • Clef Mat (tabletop or floor mat) • AB&C Worksheets 1 and 2 (previously colored) • Pink Popsicle Stick • Plinket AB&C Music (previously colored) • Plinket
Lesson 6	<ol style="list-style-type: none"> <u>Coloring</u>: Plinket Music Book 2 p. 3 <u>Plinket</u>: The Magic Hat 	<ul style="list-style-type: none"> • PRINT Plinket Music Book 2 p. 3 • Blue, Pink and Orange Crayons • Plinket

Lesson Group 5: Learning High D, E and F

Lesson	Activities	Materials
Coloring, Singing, and tabletop/ floor Mat Activities – Children 3 ½ and older		
<p>High D, E and F are difficult to play on the plinket because they are so close together. Therefore, there are no plinket or stomping videos (which prepare for plinket) for these notes. The high D, E and F Color and Clap Worksheets, can, however, be stomped without a video and played on a keyboard.</p>		
Lesson 1	<ol style="list-style-type: none"> 1. <u>Coloring</u>: Coloring DE&F 2. <u>Flashcards</u>: Game 	<ul style="list-style-type: none"> • PRINT Fun Figures Coloring Sheets pp. 19-20 (optional pp. 16-18) • Brown, Yellow and Light Green Crayons • Clef Mat (tabletop or floor mat)
Add Stomping – Children 4 ½ and older		
Lesson 2	<ol style="list-style-type: none"> 4. <u>Coloring</u>: Color and Clap DE&F Worksheets 1 and two popsicle sticks 5. <u>Stomping</u>: DE&F Worksheets 1 and 2 6. <u>Flashcards</u>: Game 	<ul style="list-style-type: none"> • PRINT Color and Clap Music Worksheets, AB&C Worksheet 1 • Brown, Yellow and Light Green Crayons • Two Popsicle Sticks • Clef Mat (tabletop or floor mat)